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Greg Ellifritz

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| Education | Ohio State University Columbus, Ohio  **Master of Arts in Public Policy and Management**   * Specialization: Criminal Justice Policy   Ohio State University Columbus, Ohio  **Bachelor of Science in Natural Resources**   * Major: Park and Recreation Administration * Specialization: Recreation Law Enforcement   Ohio State Highway Patrol Academy Columbus, Ohio  **Certified Ohio Peace Officer**   * Class Valedictorian * Class “Top Shooter” Award for Handgun and Shotgun Shooting |
| Professional Experience | 1995-2020 *Upper Arlington Ohio Police Department*  **Police Officer/Training Officer**   * Served 13 years as the full-time police training officer, responsible for developing and instructing all in-service training in areas such as: firearms, defensive tactics, impact weapons, chemical sprays, legal updates, and departmental policies for a 55-officer police department. * Additional experience as a patrol officer, bike patrol officer, bike patrol coordinator, sniper, and field training officer * Developed curriculum and served four years as lead instructor for the Police Division’s first Citizen’s Police Academy * Served on planning committee and as multiple exercise controller for the largest full-scale, multi-agency training exercise ever conducted in Franklin County Ohio. * Selected by Ohio Association of Chiefs of Police to be one of only 10 trainers to instruct “*Professional Traffic Stops*” curriculum to other police trainers statewide * Developed and instructed an innovative women’s self-defense course. The department has presented this course to more than 1700 students. * Developed the first set of physical fitness standards ever implemented for police officers * Deputized as a U.S. Marshal to serve warrants on high risk fugitives under “Operation Falcon” * Wrote policies, procedures, and General Orders for the use of every departmental weapon (both lethal and less lethal) * Developed and implemented the department’s first patrol rifle program (1999) * Developed and taught the department’s first tactical medicine class (2009) for patrol officers, integrating military battlefield medical concepts and equipment with standard first aid training * Was responsible for preventive maintenance and repair of more than 400 different department and personally owned police weapons * 2007 “Officer of the Year” * 4 Safe Driving Awards * 3 City Council Commendations * 8 Police Chief’s Commendations * 2-Time City Distinguished Service Award Nominee * Chief’s Award for Excellence * 2 “Community Customer Service Award” Nominations * 2 “Community Safety Awards” * 6 time medalist in “Battle of the Badges” Police Fitness Competition * Tri Village Rotary Club “Police Officer of the Year” award * 16 first place finishes in regional and statewide police shooting competitions   1997-present *Active Response Training, LLC*, Columbus Ohio  **President and Chief Instructor**   * Instruct firearms, self-defense and workplace violence prevention classes for major corporations and government agencies. Partial client list includes: Cardinal Health, CompuServe, Battelle Memorial Institute, Nationwide Insurance, Columbus Speech and Hearing Center, Professional Domestic Institute, Columbus Equipment Company, and Ohio State University * Provide individual and group instruction in personal safety tactics, tactical medical skills, counterterrorism, and the use of defensive weapons * Former Unit Instructor in the Ohio Private Security Basic Training Program certified to teach 12 topics, including firearms, unarmed self-defense, crisis response, and legal issues. Trained security officers for Nationwide Insurance, Children’s Hospital, and Cardinal Health in Use of Force, Handcuffing, Baton, Pepper Spray, and legal topics. * Court qualified expert witness in the fields of police tactics and police use of force * American Professional Firearms Instructors Association Preferred Instructors endorsement   2000-2018 *Tactical Defense Institute*, West Union, Ohio  **Instructor**   * Taught handgun, rifle, and shotgun shooting skills, building searches, knife defense, tactical medicine, and physical self-defense to civilians, law enforcement, and military personnel * Traveled to law enforcement agencies nationwide to teach firearms skills and tactics * Lead instructor for TDI’s Groundfighting, Extreme Close Quarters Shooting, Impact Weapons, Civilian Active Shooter Response, and Defensive Knife classes |
| Additional professional activities  Select  Instructor Certifications  Armorer Training  Additional Training  Print  Publications    Internet  Publications  Conference  Presentations    Audio-Visual Productions | * Former adjunct instructor for Ohio Peace Officer Training Academy, with experience teaching in firearms, defensive tactics, knife defense, bicycle patrol and physical fitness specialty areas to both recruits and in-service officers * Lead Groundfighting Instructor for Dublin Martial Arts studio from 2001-2004. * Groundfighting and physical fitness instructor for Coretactix Krav Maga training center from 2005-2010 * Security Consultant for International Security Associates from 2006-2013 (executive protection). * Designed the “TDI Last Ditch” hideaway Knife for KA-Bar knife company * Developed curriculum and taught the first law enforcement defensive knife class ever approved by The Ohio Peace Officer Training Academy * Experience serving as an expert witness in police, civilian, and security-related court proceedings and arbitrations.   OPOTA Firearms Instructor (autopistol, revolver, shotgun)  Singleton International Benelli Semi-auto Shotgun Instructor  OPOTA Carbine/ Assault Rifle Instructor Program  Singleton International Submachinegun Instructor  Ohio Peace Officer Firearms Recertification Instructor (autopistol, revolver, shotgun, semi-auto rifle, assault rifle, submachinegun, precision rifle)  OPOTA Weapon Training and Requalification Instructor  Glock, Inc. Firearms Instructor  OPOTA Specialty Impact Munitions Instructor  ASP Tactical Baton Instructor  OPOTA Individual Chemical Repellant (CN, CS, OC) Instructor  Taser International Advanced Taser Instructor  OPOTA Distraction Device Instructor  OPOTA Defensive Tactics Instructor  Armor Holdings Master Ground Defense Instructor  RAD SYSTEMS Basic Physical Defense Instructor  Krav Maga Handgun Disarms, Retention, Combatives Instructor  Armiger Confrontation Simulations Training Instructor  OCPA Terrorism Awareness and Prevention Instructor  LEF “Conducting Professional Traffic Stops” Instructor Certification  OPOTA Physical Fitness Specialist  FITFORCE Police Fitness Coordinator  OPOTA Instructor Training Course and update  FAA Officer Flying While Armed Instructor  Armada Police Computer Software Train-the-Trainer  Modern Warrior- Tactical Groundfighting Instructor  Taser International- M-26, X-26C and X-26 Taser Instructor  FNH- FN 303 Less Lethal Launcher Instructor  NMEMRTC Response to Terrorist Bombings Instructor  Redman Training Dynamic Simulation Suit Instructor  NMEMRTC Prevention/Response to Suicide Bombers Instructor  Kettlebell Concepts- Level One Fitness and Kettlebell Instructor  SETCAN Tactical Fitness Instructor  Pro-Systems Mini-Baton Instructor  LSU Prevention and Deterrence of Terrorist Bombings Instructor  OPOTA- Downed Officer Groundfighting Instructor  Stop Stick- Tire Deflation Device Instructor  Talon - Close Quarter Impact Weapon Instructor  Gables Group- Tactical Law Enforcement First Aid Instructor  Strike Tactical- Close Quarter Gunfight Survival Instructor  Crossfit- Level 1 Fitness Instructor  CTS- Flashbang and Stingball Instructor  Singleton Int’l- MP-5/UMP/ColtSMG/M-4/M-16 Instructor  Sabre LE Aerosol Spray Instructor  GTS Safe Dryfire Instructor  OPOTA- Conducted Energy Device Instructor  Modern Warrior- High Efficiency Low Profile Baton Instructor  Team Spartan- Emergency Trauma Management Instructor  Rangemaster Handgun Instructor Development Certification  Rangemaster Advanced Handgun Instructor  Rangemaster Master Instructor Certification  Rangemaster Shotgun Instructor Certification  MAG- Deadly Force Instructor  Last Resort Active Killer Instructor Certification  Certified to Instruct Firearms, Unarmed Self Defense and eight other units in Ohio’s Private Security and Basic Police Academy training programs (expired)  Glock Armorer Training (1997, 2003, 2007, 2012)  Smith and Wesson Basic Autopistol Armorer  Benelli Shotgun Armorer Training (2x)  Colt- M-16, AR-15, and SMG Armorer (2x)  Springfield Armory XD Pistol Armorer  FN 303 Less Lethal Launcher Armorer  Remington 870 Shotgun and M700 Rifle Armorer  Maintaining and Upgrading AR-15/M-16 Rifles Certification  Remington Model 700 Rifle Armorer  Smith and Wesson M&P Armorer  I’ve completed more than 4000 hours of professional training in areas of firearms, defensive tactics, edged and intermediate weapons, terrorism, and general police subjects. A complete list of the training courses I’ve completed is available on request.  #1 Amazon bestselling book [*Choose Adventure- Safe Travel in Dangerous Places*](https://amzn.to/2MUjIPM)  “The Professionals”- Recoil Magazine’s Concealment II Edition- December 2016.  “Glock Pistols- What Parts Break and how to Fix Them”- *Delta Media’s Concealed Carry Magazine-* Aug/Sep 2014.   “Avoiding Tragedy”- Delta Media’s *Concealed Carry Magazine*- Nov/Dec 2013.   “Is it caliber or equipment?“*- American Handgunner Magazine,* Sept/Oct. 2013.   “10 Tips For Bicyclists”- Delta Media’s *Concealed Carry Magazine*- April 2013.  "Criminals and the Guns They Carry*"- Delta Media's Concealed Carry Magazine-* August 2012  “Preparing Your Family for Violence”- Delta Media’s *Concealed Carry Magazine*, April 2012  “Training Scars”- Delta Media’s *Concealed Carry Magazine*, February 2012  “Surviving The Flash Mob”- Delta Media’s *Concealed Carry Magazine*, January 2012  “Mob Mentality- Escaping Riots and Flash Mobs” Harris Publications *Personal and Self Defense* 2012 Annual  “Focus on the Basics”- Delta Media’s *Concealed Carry Magazine*, November 2011  “Active Shooter Response for the Armed Citizen” Delta Media’s *Concealed Carry Magazine*, October 2011  “Should Officers Carry Fixed Blade Knives?” *Police and Security News*, May 2008.  “Street Smarts”, Harris Publications *Combat Handguns*, June 2007.  “Awareness Building Exercises”, *Journal of Modern Combatives*, March, 2006.  “Awareness: Taking it to the Next Level”, *Journal of the American Women’s Self Defense Association,* Fall 2004  “Strategies for Developing a Police Physical Fitness Program”, *The Ohio Police Chief*, Spring 2004.  “Stand, Move, or Seek Cover: What Works in a Gunfight?” *The Firearms Instructor*, Issue 32, Summer 2002.  Published approximately 2500 original articles on my websites [www.activeresponsetraining.net](http://www.activeresponsetraining.net) and [ChooseAdventureBook.com](https://www.chooseadventurebook.com/blog/)  Published an additional 100+ articles on other websites in the last eight years.  *Presented “Optimal Speed Strip Use,” “Close Quarter Shooting,” and “One handed Shooting”* at the Gunsite Revolver Roundup Conference, November 2022  Co-presented three live fire shooting blocks at the Surgical Speed Shooting Summit, June 2022.  Presented *“Acquiring Drugs for the Zombie Apocalypse and Co-presented “Shooting through Bags and Purses* ” at the Rangemaster Polite Society Tactical Conference, March 2022  Presented *“Low Level Light Shooting,” “One-Handed Shooting,” and “Retention Shooting”* at the Gunsite Revolver Roundup Conference, November 2021  Presented *“Travel Safety” and “Building a Retention Shooting Position”* at the Rangemaster Polite Society Tactical Conference, March 2020  Presented “*Empty Hand Skills for Gunfighters”* at the Rangemaster Polite Society Tactical Conference, March 2019.  Presented *“Escape from Common Criminal Restraints”* class at the Rangemaster Polite Society Tactical Conference, March, 2018.  Presented *“Armed Citizen Response to Terrorist Bombings”* class at the Paul Gomez Memorial Training Conference, August 2017.  Presented “*Armed Citizen Response to Terrorist Bombings”* class at the Rangemaster Polite Society Tactical Conference, March 2017.  Presented *“Escape from Common Criminal Restraints”* class at the Rangemaster Polite Society Tactical Conference, February 2016.  Presented “*Kubaton and Flashlight Techniques for Self Protection*” at the Paul Gomez Memorial Training Conference- August 2015  Presented “*Acquiring Drugs for the Apocalypse*” and “*Improvised Tourniquet Use”* at the Lone Star Medics Field and Tactical Medicine Conference, March 2015  Presented “*Empty Hand Skills for Gunfighters”* at the Rangemaster Polite Society Tactical Conference, February 2015.  Presented “*The Close Quarter Handgun Threat*” at the PEP2 International Training Conference- August 2014  Co-presented “*Basic and Advanced Pet First Aid*” at the Lone Star Medics Field and Tactical Medicine Conference, March 2014 and March 2015.  Presented “*Armed Citizen Response to Terrorist Bombings*” at the Rangemaster Polite Society Tactical Conference, February 2014.  Presented “*Empty Hand Skills for Gunfighters*” at the Rangemaster Polite Society Tactical Conference, March 2013.  Presented “*Combat Use of the TDI Knife*” at the Paul E. Gomez Memorial Training Summit, August 2012.  Presented “*Fitness for Life*” at the OACP STEP Annual Supervisor’s In-service Training Program, October 2009.  Presented “*Physical Fitness for the Law Enforcement Executive*” as keynote speaker for Class 13 of the Certified Law Enforcement Executive (CLEE) Program, December 2007.  Co-presented *“Extreme Close Quarters Handgun Shooting”* at the 2006 US Marshals’ Annual Conference at Camp Perry, Ohio.  Co-presented “*Tactical Fixed Blade Knives for Law Enforcement*” at the 2006 International Shooting, Hunting, and Outdoor Trade Show.  Presented “*Responding to the Extreme Close Range Handgun Threat*” at The American Society of Law Enforcement Trainers (ASLET) 2006 International Training Conference.  Co-presented “*Multiple Officer Engagements*” Training Curriculum at the 2004 IALEFI International Training Conference  Presented “*Self Defense for Women and Children*” at The Ohio Association of Chiefs of Police 2004 Annual Conference  “*Use of Vehicles for Cover and Concealment*”- Personal Defense Television episode. Originally aired on the Sportsman’s Channel, November 7th. 2011.  “*Responding to the Active Shooter*”- Personal Defense Television episode. Originally aired on the Sportsman’s Channel, December 28th, 2010.  “*Knives vs. Clothing”-* A look at how clothing interferes with defensive knife usage with live cutting demonstrations. ©2009 Tactical Defense Institute (DVD)  “*Fixed-Blade Defensive Knife Training”-* Realistic defenses for street-oriented attacks. © 2006 Ka-Bar Corporation (DVD) |