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Greg Ellifritz

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| Education | Ohio State University Columbus, Ohio**Master of Arts in Public Policy and Management*** Specialization: Criminal Justice Policy

Ohio State University Columbus, Ohio**Bachelor of Science in Natural Resources*** Major: Park and Recreation Administration
* Specialization: Recreation Law Enforcement

Ohio State Highway Patrol Academy Columbus, Ohio**Certified Ohio Peace Officer*** Class Valedictorian
* Class “Top Shooter” Award for Handgun and Shotgun Shooting
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| Professional Experience | 1995-2020 *Upper Arlington Ohio Police Department***Police Officer/Training Officer*** Served 13 years as the full-time police training officer, responsible for developing and instructing all in-service training in areas such as: firearms, defensive tactics, impact weapons, chemical sprays, legal updates, and departmental policies for a 55-officer police department.
* Additional experience as a patrol officer, bike patrol officer, bike patrol coordinator, sniper, and field training officer
* Developed curriculum and served four years as lead instructor for the Police Division’s first Citizen’s Police Academy
* Served on planning committee and as multiple exercise controller for the largest full-scale, multi-agency training exercise ever conducted in Franklin County Ohio.
* Selected by Ohio Association of Chiefs of Police to be one of only 10 trainers to instruct “*Professional Traffic Stops*” curriculum to other police trainers statewide
* Developed and instructed an innovative women’s self-defense course. The department has presented this course to more than 1700 students.
* Developed the first set of physical fitness standards ever implemented for police officers
* Deputized as a U.S. Marshal to serve warrants on high risk fugitives under “Operation Falcon”
* Wrote policies, procedures, and General Orders for the use of every departmental weapon (both lethal and less lethal)
* Developed and implemented the department’s first patrol rifle program (1999)
* Developed and taught the department’s first tactical medicine class (2009) for patrol officers, integrating military battlefield medical concepts and equipment with standard first aid training
* Was responsible for preventive maintenance and repair of more than 400 different department and personally owned police weapons
* 2007 “Officer of the Year”
* 4 Safe Driving Awards
* 3 City Council Commendations
* 8 Police Chief’s Commendations
* 2-Time City Distinguished Service Award Nominee
* Chief’s Award for Excellence
* 2 “Community Customer Service Award” Nominations
* 2 “Community Safety Awards”
* 6 time medalist in “Battle of the Badges” Police Fitness Competition
* Tri Village Rotary Club “Police Officer of the Year” award
* 16 first place finishes in regional and statewide police shooting competitions

1997-present *Active Response Training, LLC*, Columbus Ohio**President and Chief Instructor*** Instruct firearms, self-defense and workplace violence prevention classes for major corporations and government agencies. Partial client list includes: Cardinal Health, CompuServe, Battelle Memorial Institute, Nationwide Insurance, Columbus Speech and Hearing Center, Professional Domestic Institute, Columbus Equipment Company, and Ohio State University
* Provide individual and group instruction in personal safety tactics, tactical medical skills, counterterrorism, and the use of defensive weapons
* Former Unit Instructor in the Ohio Private Security Basic Training Program certified to teach 12 topics, including firearms, unarmed self-defense, crisis response, and legal issues. Trained security officers for Nationwide Insurance, Children’s Hospital, and Cardinal Health in Use of Force, Handcuffing, Baton, Pepper Spray, and legal topics.
* Court qualified expert witness in the fields of police tactics and police use of force
* American Professional Firearms Instructors Association Preferred Instructors endorsement

2000-2018 *Tactical Defense Institute*, West Union, Ohio**Instructor*** Taught handgun, rifle, and shotgun shooting skills, building searches, knife defense, tactical medicine, and physical self-defense to civilians, law enforcement, and military personnel
* Traveled to law enforcement agencies nationwide to teach firearms skills and tactics
* Lead instructor for TDI’s Groundfighting, Extreme Close Quarters Shooting, Impact Weapons, Civilian Active Shooter Response, and Defensive Knife classes
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| Additional professional activitiesSelectInstructor Certifications Armorer TrainingAdditional TrainingPrintPublications Internet PublicationsConferencePresentations Audio-Visual Productions | * Former adjunct instructor for Ohio Peace Officer Training Academy, with experience teaching in firearms, defensive tactics, knife defense, bicycle patrol and physical fitness specialty areas to both recruits and in-service officers
* Lead Groundfighting Instructor for Dublin Martial Arts studio from 2001-2004.
* Groundfighting and physical fitness instructor for Coretactix Krav Maga training center from 2005-2010
* Security Consultant for International Security Associates from 2006-2013 (executive protection).
* Designed the “TDI Last Ditch” hideaway Knife for KA-Bar knife company
* Developed curriculum and taught the first law enforcement defensive knife class ever approved by The Ohio Peace Officer Training Academy
* Experience serving as an expert witness in police, civilian, and security-related court proceedings and arbitrations.

OPOTA Firearms Instructor (autopistol, revolver, shotgun)Singleton International Benelli Semi-auto Shotgun InstructorOPOTA Carbine/ Assault Rifle Instructor ProgramSingleton International Submachinegun InstructorOhio Peace Officer Firearms Recertification Instructor (autopistol, revolver, shotgun, semi-auto rifle, assault rifle, submachinegun, precision rifle)OPOTA Weapon Training and Requalification InstructorGlock, Inc. Firearms InstructorOPOTA Specialty Impact Munitions Instructor ASP Tactical Baton InstructorOPOTA Individual Chemical Repellant (CN, CS, OC) InstructorTaser International Advanced Taser InstructorOPOTA Distraction Device InstructorOPOTA Defensive Tactics InstructorArmor Holdings Master Ground Defense InstructorRAD SYSTEMS Basic Physical Defense InstructorKrav Maga Handgun Disarms, Retention, Combatives InstructorArmiger Confrontation Simulations Training InstructorOCPA Terrorism Awareness and Prevention InstructorLEF “Conducting Professional Traffic Stops” Instructor CertificationOPOTA Physical Fitness SpecialistFITFORCE Police Fitness CoordinatorOPOTA Instructor Training Course and updateFAA Officer Flying While Armed InstructorArmada Police Computer Software Train-the-TrainerModern Warrior- Tactical Groundfighting InstructorTaser International- M-26, X-26C and X-26 Taser InstructorFNH- FN 303 Less Lethal Launcher InstructorNMEMRTC Response to Terrorist Bombings InstructorRedman Training Dynamic Simulation Suit InstructorNMEMRTC Prevention/Response to Suicide Bombers InstructorKettlebell Concepts- Level One Fitness and Kettlebell InstructorSETCAN Tactical Fitness InstructorPro-Systems Mini-Baton InstructorLSU Prevention and Deterrence of Terrorist Bombings InstructorOPOTA- Downed Officer Groundfighting InstructorStop Stick- Tire Deflation Device InstructorTalon - Close Quarter Impact Weapon InstructorGables Group- Tactical Law Enforcement First Aid InstructorStrike Tactical- Close Quarter Gunfight Survival InstructorCrossfit- Level 1 Fitness InstructorCTS- Flashbang and Stingball InstructorSingleton Int’l- MP-5/UMP/ColtSMG/M-4/M-16 InstructorSabre LE Aerosol Spray InstructorGTS Safe Dryfire InstructorOPOTA- Conducted Energy Device InstructorModern Warrior- High Efficiency Low Profile Baton InstructorTeam Spartan- Emergency Trauma Management InstructorRangemaster Handgun Instructor Development CertificationRangemaster Advanced Handgun InstructorRangemaster Master Instructor CertificationRangemaster Shotgun Instructor CertificationMAG- Deadly Force InstructorLast Resort Active Killer Instructor CertificationCertified to Instruct Firearms, Unarmed Self Defense and eight other units in Ohio’s Private Security and Basic Police Academy training programs (expired)Glock Armorer Training (1997, 2003, 2007, 2012)Smith and Wesson Basic Autopistol ArmorerBenelli Shotgun Armorer Training (2x)Colt- M-16, AR-15, and SMG Armorer (2x)Springfield Armory XD Pistol ArmorerFN 303 Less Lethal Launcher ArmorerRemington 870 Shotgun and M700 Rifle ArmorerMaintaining and Upgrading AR-15/M-16 Rifles CertificationRemington Model 700 Rifle ArmorerSmith and Wesson M&P ArmorerI’ve completed more than 4000 hours of professional training in areas of firearms, defensive tactics, edged and intermediate weapons, terrorism, and general police subjects. A complete list of the training courses I’ve completed is available on request.#1 Amazon bestselling book [*Choose Adventure- Safe Travel in Dangerous Places*](https://amzn.to/2MUjIPM)“The Professionals”- Recoil Magazine’s Concealment II Edition- December 2016.“Glock Pistols- What Parts Break and how to Fix Them”- *Delta Media’s Concealed Carry Magazine-* Aug/Sep 2014. “Avoiding Tragedy”- Delta Media’s *Concealed Carry Magazine*- Nov/Dec 2013. “Is it caliber or equipment?“*- American Handgunner Magazine,* Sept/Oct. 2013. “10 Tips For Bicyclists”- Delta Media’s *Concealed Carry Magazine*- April 2013."Criminals and the Guns They Carry*"- Delta Media's Concealed Carry Magazine-* August 2012 “Preparing Your Family for Violence”- Delta Media’s *Concealed Carry Magazine*, April 2012“Training Scars”- Delta Media’s *Concealed Carry Magazine*, February 2012“Surviving The Flash Mob”- Delta Media’s *Concealed Carry Magazine*, January 2012“Mob Mentality- Escaping Riots and Flash Mobs” Harris Publications *Personal and Self Defense* 2012 Annual“Focus on the Basics”- Delta Media’s *Concealed Carry Magazine*, November 2011“Active Shooter Response for the Armed Citizen” Delta Media’s *Concealed Carry Magazine*, October 2011“Should Officers Carry Fixed Blade Knives?” *Police and Security News*, May 2008. “Street Smarts”, Harris Publications *Combat Handguns*, June 2007.“Awareness Building Exercises”, *Journal of Modern Combatives*, March, 2006. “Awareness: Taking it to the Next Level”, *Journal of the American Women’s Self Defense Association,* Fall 2004“Strategies for Developing a Police Physical Fitness Program”, *The Ohio Police Chief*, Spring 2004.“Stand, Move, or Seek Cover: What Works in a Gunfight?” *The Firearms Instructor*, Issue 32, Summer 2002.Published approximately 2500 original articles on my websites [www.activeresponsetraining.net](http://www.activeresponsetraining.net) and [ChooseAdventureBook.com](https://www.chooseadventurebook.com/blog/)Published an additional 100+ articles on other websites in the last eight years.*Presented “Optimal Speed Strip Use,” “Close Quarter Shooting,” and “One handed Shooting”* at the Gunsite Revolver Roundup Conference, November 2022Co-presented three live fire shooting blocks at the Surgical Speed Shooting Summit, June 2022.Presented *“Acquiring Drugs for the Zombie Apocalypse and Co-presented “Shooting through Bags and Purses* ” at the Rangemaster Polite Society Tactical Conference, March 2022Presented *“Low Level Light Shooting,” “One-Handed Shooting,” and “Retention Shooting”* at the Gunsite Revolver Roundup Conference, November 2021Presented *“Travel Safety” and “Building a Retention Shooting Position”* at the Rangemaster Polite Society Tactical Conference, March 2020Presented “*Empty Hand Skills for Gunfighters”* at the Rangemaster Polite Society Tactical Conference, March 2019.Presented *“Escape from Common Criminal Restraints”* class at the Rangemaster Polite Society Tactical Conference, March, 2018.Presented *“Armed Citizen Response to Terrorist Bombings”* class at the Paul Gomez Memorial Training Conference, August 2017.Presented “*Armed Citizen Response to Terrorist Bombings”* class at the Rangemaster Polite Society Tactical Conference, March 2017.Presented *“Escape from Common Criminal Restraints”* class at the Rangemaster Polite Society Tactical Conference, February 2016.Presented “*Kubaton and Flashlight Techniques for Self Protection*” at the Paul Gomez Memorial Training Conference- August 2015Presented “*Acquiring Drugs for the Apocalypse*” and “*Improvised Tourniquet Use”* at the Lone Star Medics Field and Tactical Medicine Conference, March 2015Presented “*Empty Hand Skills for Gunfighters”* at the Rangemaster Polite Society Tactical Conference, February 2015.Presented “*The Close Quarter Handgun Threat*” at the PEP2 International Training Conference- August 2014Co-presented “*Basic and Advanced Pet First Aid*” at the Lone Star Medics Field and Tactical Medicine Conference, March 2014 and March 2015.Presented “*Armed Citizen Response to Terrorist Bombings*” at the Rangemaster Polite Society Tactical Conference, February 2014.Presented “*Empty Hand Skills for Gunfighters*” at the Rangemaster Polite Society Tactical Conference, March 2013.Presented “*Combat Use of the TDI Knife*” at the Paul E. Gomez Memorial Training Summit, August 2012.Presented “*Fitness for Life*” at the OACP STEP Annual Supervisor’s In-service Training Program, October 2009.Presented “*Physical Fitness for the Law Enforcement Executive*” as keynote speaker for Class 13 of the Certified Law Enforcement Executive (CLEE) Program, December 2007.Co-presented *“Extreme Close Quarters Handgun Shooting”* at the 2006 US Marshals’ Annual Conference at Camp Perry, Ohio.Co-presented “*Tactical Fixed Blade Knives for Law Enforcement*” at the 2006 International Shooting, Hunting, and Outdoor Trade Show.Presented “*Responding to the Extreme Close Range Handgun Threat*” at The American Society of Law Enforcement Trainers (ASLET) 2006 International Training Conference.Co-presented “*Multiple Officer Engagements*” Training Curriculum at the 2004 IALEFI International Training ConferencePresented “*Self Defense for Women and Children*” at The Ohio Association of Chiefs of Police 2004 Annual Conference“*Use of Vehicles for Cover and Concealment*”- Personal Defense Television episode. Originally aired on the Sportsman’s Channel, November 7th. 2011.“*Responding to the Active Shooter*”- Personal Defense Television episode. Originally aired on the Sportsman’s Channel, December 28th, 2010.“*Knives vs. Clothing”-* A look at how clothing interferes with defensive knife usage with live cutting demonstrations. ©2009 Tactical Defense Institute (DVD)“*Fixed-Blade Defensive Knife Training”-* Realistic defenses for street-oriented attacks. © 2006 Ka-Bar Corporation (DVD) |